



## Principal

Last week was a wonderful week of celebration for Grovedale College, Wednesday in particular.

On Wednesday night we celebrated the graduation of the Class of 2023. This was our largest graduation ever, with over 560 people in attendance. Our student leaders and our former students as guest speakers, spoke highly of their College and their cohort. I was very proud of the Class of 2023 over their six years of schooling and it was a pleasure to recognise its close. Following the formalities, students, guests and staff, took the opportunity to mingle and reminisce. I wish the Class of 2023 the very best as they move into the next phase of their journey and look forward to welcoming them back to hear of their successes.

The Sports Academy Presentation was held on Wednesday afternoon. This was also an opportunity to reflect on 2023 and celebrate team and individual success and commitment. We were joined by families, coaches, staff and our foundation Director of Sport, Mr Gary Fletcher and former student Luke Rayner, who presented the Daniel Fletcher scholarships for 2023. In its eighteenth year of operation, the Grovedale College Sports Academy has much to be proud of: Outstanding sporting success from our alumni; excellent VCE VET results; high expectation of our students and their promotion of our values; and a weekly intensive and rewarding sporting and academic program. I congratulate all of our students and staff for achieving these high levels.

This Friday, our Year 8s will hold their annual Student Leadership event. They have been working in teams over the last term to plan teaching activities for our Mandama Primary School guests. This is always a highlight on our calendar, as Grovedale College students demonstrate their teamwork, planning and leadership in a positive day of action and influence with younger students.

Year 7 students will finish their year of regular timetable activities with Cultural Diversity Day. This day is filled with costume, narratives, food and dancing and is focused on celebrating the diversity of cultures in our College and in our lives.

Thank you to the many teachers whose efforts and care are behind these four exciting events and milestones for our students. Please refer to the College Compass calendar for our list of further 2023 celebrations and events.

2024 will hold a change to bell times for students and staff. We are in the process of moving our six sessions to fifty minutes each, while retaining our daily Home Group of twelve minutes. This will allow us to meet the new guidelines for teaching hours without disrupting our timetables and subject sessions. The recess and lunch and movement times will be shifted to accommodate this additional time. In our modern world and especially with young people, spending more time together is an important factor in building social and emotional skills and developing resilience.

**Janet Matthews**  
College Principal

## Assistant Principal

This fortnight has been another busy time in the Senior School. We congratulate all of our Year 12 students for completing their exams. Our College community celebrated their success in front of over 560 families, friends, peers and teachers at GMHBA stadium on Wednesday 15 November.

Thank you to Mr Calderazzo and Mrs Ambrus for their efforts, plus our teachers, education support and administration staff for their contribution to make this evening memorable for our students and the Grovedale College community.

On the eleventh hour on the eleventh day of the eleventh month, a minute's silence is observed and dedicated to those soldiers who died fighting to protect the nation. Our Vice Captain Lilly McCarthy, represented the College at the Remembrance Service held at the Waurn Ponds Reserve. We also acknowledge the contribution of Tom Welsh as part of the committee for this event.



Our Year 11 students are completing their promotions program into Year 12 this week and we acknowledge the dedicated approach they have taken as they have commenced Unit 3. Well done! Friday 24 November is the last timetabled day for Year 11s. If they are to come into school after this day, please sign in and out at the Administration Office, to use the library facilities. All students do have holiday homework to complete in readiness for the year ahead.

Year 10 students commence their promotions program next week into Year 11. As outlined in our assembly, the expectation is all students are to complete this program, to be off to the best possible start in 2024.

The final date for Year 10 2023 is Friday 8 December. This is a date set by the Department. We apologise for our earlier communication that indicated an earlier date. During this week students will have a rich program of preparation and learning for 2024.

**Tania McKew**  
Assistant Principal

## Senior School

On Wednesday 15 November, the Grovedale College class of 2023 gathered in the President's Room of GMHBA Stadium to celebrate their Graduation Ceremony. The event saw the coming together of just shy of 600 guests, comprising of students, families and staff, to recognise the marvellous achievement of completing six years of secondary education. The ceremony consisted of certificates presented to all Year 12 graduates as well as the awarding of Key Learning Areas, Community, 2023 Captains and Student Leaders and the Principal award.

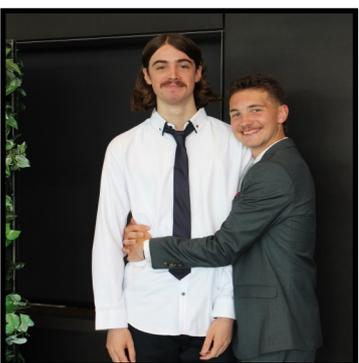
<b>Year 12 KLA Awards</b>	
The Arts Award	Kota O'Neil
Health and Physical Education Award	Daisy Wilson
Humanities Award	Nick Rey Angelo Lao
Language Award	Rhys Cameron
Mathematics Award	Sabian Mervin
Science Award	Sabian Mervin
Technology Award	Alistair Pickard
Vocational Studies Award	Jeremy Taylor
<b>Community Awards</b>	
Corangamite Award	Alaska Dowie
Australian Defence Force Long Tan Award	Eli Edwards
<b>Principal Award</b>	Elizabeth Fuller
<b>2023 Captains and Student Leaders</b>	
<b>College Captains</b>	Rebekah Edwards Alistair Pickard
<b>College Vice Captains</b>	Emily Quattrocelli Eli Edwards
<b>Student Homegroup Leaders</b>	12A Alaska Dowie 12B Ginger Pickard 12C Liam Smith 12D Olivia Pye 12E Jack Hauenstein

Congratulations to all Year 12 2023 graduates; we wish you all the very best for your future endeavours.

**Adriano Calderazzo and Kacey Ambrus**  
Year 12 Co-Level Leaders



# The Class of 2023 Celebrating their Year 12 Graduation





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**2023**  
*class of*  
**2023**  
Congratulations Graduates!

## Sports Academy

Last week we had the opportunity to recognise the contributions of our students within the Sports Academy program by holding our annual Sports Academy Awards presentations. It was a terrific afternoon that we got to share with families and all of the students in the Sports Academy program, along with the successes from the year 2023.

The students that spoke on behalf of their Year Levels once again, were amazing. Zaidyn Kelly (Year 7), Sienna Lesko (Year 8), Majella Pickard (Year 9 on behalf of Tallulah Dunn), Lilly Schroeter (Year 10) and Jaylen Forde (Year 11). The confidence in which you all spoke with and the way in which you were able to hold the attention of the room, is a credit to you all and shows through the program, it allows students to develop in areas other than just on the sporting fields.

It is at this time we also get the chance to recognise the Dux of the Sports Academy program from the previous year. Daisy Lodge was the recipient of this award and it was very well deserved as she achieved a study score of 40 which placed her in the top 10% of the state.

We also had the opportunity to recognise a student at Year 9, 10 and 11, by awarding them the Daniel Fletcher Scholarship. This award is held in the highest regard within the Sports Academy program and the students that are nominated at each Year Level and the student that ultimately receives the scholarship should be extremely proud and humbled by it. Luke Rayner spoke on behalf of the working committee and it was great to have Garry in attendance to speak on behalf of the family; you could have heard a pin drop in the room. Luke's passion for the scholarship program certainly shines through and we as a Sports Academy program really appreciate all the work that he and others do, to provide this scholarship for our students.

I would like to thank all of the students that participated in the Sports Academy program throughout the year for their ability to get the most out of themselves each week. I would also like to thank all of the teaching staff for their tireless efforts this year throughout the program. Without your efforts, the students would not have been able to have a program that challenged the students every week to get the best out of themselves.

I would also like to make a special mention to the coaches; they give up their time to make the program what it is for the students. They have had many challenges this year to deal with and they have all been terrific in the way in which they have approached each week.

The Award winners for Year 7, Year 8, Year 9, Year 10 and Year 11 are as follows:

### Year 7 Awards

Squad	Excellence Award	Most Improvement Award	Outstanding Achievement Award
AFL	Will Adams	Hunter Wilson	<b>Jayden Adams</b>
BASKETBALL	Milan Behroози	Maya Milligan	
FITNESS	Koby McKane	Ethan Filer	
NETBALL	Zoe Ringin	Grace Harper	

## Sports Academy (cont'd)



**Year 7 Award Winners**

### Year 8 Awards

Squad	Excellence Award	Most Improved Award	Outstanding Achievement Award
AFL	Rocky Morell	Logan Perry	<b>Sam Fuller</b>
BASKETBALL	Patrick Dunbabin	Isabella Harvey	
FITNESS	James Tribe	Summer Thomas	
NETBALL	Reani Mawson	Sofia Hurley	



**Year 8 Award Winners**

### Year 9 Awards

Squad	Excellence Award	Most Improved Award
AFL	Lukas Young	Bailey Dickins
FITNESS	Ella Adams	Austin Pickard
NETBALL	Bella Leak	Lucia Hurley
<b>Academic Award</b>		Jessie Steinman
<b>Outstanding Achievement Award</b>		Tallulah Dunn

**Sports Academy (cont'd)**



**Year 9 Award Winners**

**Year 10 Awards**

Squad	Excellence Award	Most Improved Award
AFL	Lachlan Lowndes	Zave Saliaris
FITNESS	Sarah Hunt	Jye Walters
NETBALL	Keeley Smith	Maxie Wright
Academic Award		Abbie Cordone
Outstanding Achievement Award		Tilly Dowie



**Year 10 Award Winners**

**Sports Academy (cont'd)**

**Year 11 Awards**

Squad	Excellence Award	Most Improved Award
FITNESS	Mercaedes Wise	Sam Welsh
Basketball	Jaylen Forde	Logan Young
Outstanding Achievement Award		Jus Beckwith-Smith
Sports Academy Dux (2022)		Daisy Lodge



**Year 11 Award Winners**

**Daniel Fletcher Award Winners**

Year 9 - Emily McCormick

Year 10 - Lilly Schroeter

Year 11 - Jaylen Forde



**Daniel Fletcher Award Winners**

Jacob Spolding  
Director of Sport

## Wellbeing



We are now entering Week 8 of Term 4 and the term is certainly going at a great pace. We have seen our Year 12 students graduating and starting the holidays with celebrations and part time work.

As we move into the holiday period the focus from Wellbeing is keeping our students healthy and happy over the summer break. Young people will enjoy parties, beach and pool times, picnics and holidays away. Some of our students will work hard for some extra money, maybe saving for that new car, whilst others will get behind the wheel and learn to drive. Here is some information to read and links to enjoy your summer vacation.

### Mental Health Over the Summer

Summer is a great time to think about self-care. With long sunny days and warmer weather, there are more opportunities than ever to switch up your routine and enjoy what the season has to offer. Use our self-care checklist to get some ideas for taking care of yourself this summer. We hope these suggestions will help you get moving, get outside and enjoy the sunshine!

### Ideas for Summer Wellness

#### Ditch the couch and relax outdoors

Grab a blanket or lawn chair and something to read and set up camp on a shady patch of grass.

#### Go for a Stroll

A long walk can be a great way to clear your head and enjoy a warm summer afternoon. You can also grab a friend and get your exercise while catching up.

#### Start a Garden or Join a Community Garden

Gardening can be a nice way to meditate, enjoy the outdoors and get some sunshine. It can also serve as a bonding time with your family or a way to make new friends and at the end of the day, you can enjoy the literal fruits (and vegetables) of your labour!

#### Tidy One Small Space

Perhaps a drawer or the top of your desk – even having one space clean and free of clutter can help you feel calmer.

#### Make a Summer Feel Good Playlist

Bring on the summer tunes! Music can be an effortless way to improve your mood and motivate you to get moving. Bonus points for listening while exercising or cleaning.

#### Have a Picnic

Enjoying a meal outside can be an easy way to get some fresh air and sunshine and shake up your daily routine.

#### Try a New Exercise

Getting those endorphins flowing can help calm your mind and improve your mood. Think about doing something outdoors like hiking, tennis or swimming. Just don't forget your sunscreen and bug spray!

#### Look for Things Going on in Your Community

Search online or in the newspaper for events going on around town. Consider outdoor movies, yard sales, festivals, farmer's markets, concerts or dance classes. Making fun plans can help you feel excited and give you something to look forward to.

#### Start or Continue a Journal

Writing can be a great way to express how you feel and check-in with your emotions. Or, it can just be a place to doodle or draw. Make it whatever you need.

## Wellbeing (cont'd)

### Reconnect with Someone

Call an old friend or even a grandparent or parent.

### Do an At-Home Spa Day

Taking a bubble bath, using a face mask or doing a DIY pedicure can all be affordable ways to help yourself feel cared for. A candle, essential oils and relaxing tunes can all add to the spa vibe.

### Go Exploring

Pull up a map and find a new area of town that you haven't been to yet.

### Further Reading

[Tips for a healthy headspace | headspace](#)

### Sun Smart over Summer

**For the best protection, use all five SunSmart steps:**

1. Slip on covering clothing
2. Slop on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen
3. Slap on a hat
4. Seek shade
5. Slide on some sunglasses

Protect yourself in **five ways** from skin cancer



SLIP



SLOP



SLAP



SEEK



SLIDE

Further Reading [Be SunSmart | Cancer Council](#)

### Water Safety Over Summer



Further Reading: [Water Safety | Royal Life Saving Society - Australia](#)

### What's On In Geelong?

City of Greater Geelong Youth Hubs provide youth hubs across the region, our after school programs provide drop-in style activities which can include cooking, art and craft, board and video games, personal development and social interactions in supportive and safe space.

All youth hubs are free and provide light snacks. All youth spaces run during school terms only.

## Wellbeing (cont'd)

[Young people - City of Greater Geelong  
\(geelongaustralia.com.au\)](https://www.geelongaustralia.com.au)

### Parent education events Geelong and Barwon Southwest Region Term 1, 2024.

All Regional Parenting Service programs along with MELI (formerly Barwon Child Youth & Family (BCYF) and Bethany), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

[https://acrobat.adobe.com/link/review?  
uri=urn:aaid:scds:US:85100cca-b1e8-3f62-afc9-84453b42d67f](https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:85100cca-b1e8-3f62-afc9-84453b42d67f)

As always, reach out if you need further support.

**The Wellbeing Team**  
Tegan, Mel, Nicole, Taryn and Renae

## Library

### Holiday Reading

The holidays are a great time to get lost in a book. There are many different genres to pick from in the library. We have lots of new books for you to discover. Don't forget that you can borrow books over the holidays to read.

In addition to our extensive print books, we also have access to a huge collection of digital e-books and digital audio books; perfect for that holiday car ride. Just log into the Wheelers e-book app. If you are not sure of your log in, just contact Ms Brown in the library.

While your home over the holidays, make sure you have a look for any library books that need to be returned.

Happy reading

**Rebecca Brown**  
Grovedale College Library

## Community News

The Air Force Cadets Youth Development Program is currently recruiting and aims to develop teenagers (Years 7 and 8 in 2024) into young leaders in an Aviation and Military styled context. We aim to instill the values of Service, Courage, Respect, Integrity and Excellence. We have opened our recruiting for new applicants for 2024 and have twenty-four spots in two units, 427 Squadron that runs on a Tuesday night and 428 that runs on Thursday night.

We have two information nights this year that are detailed on the poster below; Wednesday 22 November and Thursday 14 December and both sessions will run from 7.00 pm - 8.30 pm at 48 Sherbourne Tce, Newtown Vic.



The poster features the Australian Air Force Cadets crest at the top center, set against a dark blue background with white stars. Below the crest, the text reads: "The Air Force Cadets are RECRUITING now!". Underneath, it states: "The AAFC will teach you valuable life skills and will help you develop qualities including but not limited to, leadership, self-reliance, confidence, teamwork and communication. This is achieved by delivering educational lessons in a range of subjects as well as unforgettable experiences in the air and on the ground." A white horizontal line separates this text from the call to action: "APPLY NOW" in blue, followed by "airforcecadets.gov.au" in white. At the bottom, there are two QR codes. The left QR code is for the 427 Squadron, with the text: "427 Squadron Tuesday Information Night 22<sup>nd</sup> November and 14<sup>th</sup> December 48 Sherbourne Tce, Newtown @ 7pm Scan QR and submit EOI to receive updates. 427sqn@airforcecadets.gov.au". The right QR code is for the 428 Squadron, with the text: "428 Squadron Thursday 428sqn@airforcecadets.gov.au".

TERM 4 KEY DATES	
Monday 27 November - Friday 1 December	Year 10 into Year 11 Promotions
Tuesday 28 November	Year 9 Middle School Celebration Assembly
Friday 1 December	Year 7 Cultural Diversity Day
Monday 4 December	Year 7 - 10 Extensions Program
Wednesday 6 December	College Council - 7.00 pm Webex
Friday 8 December	<ul style="list-style-type: none"> <li>Year 7 Adventure Park</li> <li>Year 10 Students finish</li> </ul>
Tuesday 12 December	<ul style="list-style-type: none"> <li>Year 8 and 9 Adventure Park</li> <li>2024 Year 7 Orientation Program</li> </ul>
Wednesday 13 December	<ul style="list-style-type: none"> <li>2024 Year 7 Orientation Program</li> <li>Year 8 Humanities Cemetery Walk</li> </ul>
Thursday 14 December	2024 Year 7 Orientation Program
Friday 15 December	<ul style="list-style-type: none"> <li>Year 10 - 12 Awards (Session 1 and 2)</li> <li>Year 7 - 9 Awards (Session 5 and 6)</li> <li>Reports released on Compass at 3.30 pm</li> </ul>
Monday 18 - Wednesday 20 December	College Environmental Day
Wednesday 20 December	<ul style="list-style-type: none"> <li>Last Day Term 4 (Students Finish - 12.30 pm)</li> <li>Administration Office closes at 2.30 pm</li> </ul>
Monday 22 January 2024	<ul style="list-style-type: none"> <li>Administration Office 10.00 am - 2.00 pm</li> <li>Uniform Shop 9.00 am - 11.00 am</li> </ul>
Tuesday 23 January 2024	<ul style="list-style-type: none"> <li>Administration Office 10.00 am - 2.00 pm</li> <li>Uniform Shop 9.00 am - 11.00 am and 1.00 pm - 3.00 pm</li> </ul>

Canteen	
Thursday 23 November	
Friday 24 November	Leanne Paull
Monday 27 November	
Tuesday 28 November	Stacey Pilling
Wednesday 29 November	
Thursday 30 November	Holly Jones
Friday 1 December	Karen Wilson
Monday 4 December	
Tuesday 5 December	Tamika Miller
Wednesday 6 December	Allison Vickers
Thursday 7 December	
Friday 8 December	Michelle Murrant

Term Dates 2023	
Term 1	January 27 to April 6
Term 2	April 24 to June 23
Term 3	July 10 to September 15
Term 4	October 2 to December 20

Term Dates 2024	
Term 1	January 29 to March 28
Term 2	April 15 to June 28
Term 3	July 15 to September 20
Term 4	October 7 to December 20

## YOUR COLLEGE REPRESENTATIVES

### COLLEGE COUNCIL

President	Donna Baldock
Vice President	Sally Hutchinson
Treasurer	Megan Lourey Mills
Parent Members	Simon Edwards
	Robert Croxford
	Marc Robinson
	Rebecca Johnson

### SCHOOL CAPTAINS

Rebekah Edwards
Alistair Pickard

### YEAR LEVEL LEADERS

#### Middle School

Year 7	Michelle Roth
Year 8	Cherie Presser Jack Nichols
Year 9	Rebecca Johnson

#### Senior School

Year 10	Paige Pearson
Year 11	Caroline den Drijver Adriano Calderazzo
Year 12	Kacey Ambrus Adriano Calderazzo



GROVEDALE  
COLLEGE