



GROVEDALE
COLLEGE

Sports Academy Program Summary

YEAR LEVEL	FEATURES
7&8	<ol style="list-style-type: none"> 1. 4 sessions fortnight 2. 6 Sports offered: AFL, Netball, Cricket, Soccer, Basketball, Tennis, Fitness 3. Specialist coaching & training, guest speakers, excursions
9	<ol style="list-style-type: none"> 4. 3 streams offered: AFL, Netball, Fitness 5. 12 sessions fortnight :equivalent to 1 day week of specialist coaching, fitness sessions & theory sessions. :Use of College Fitness Centre : Excursions, guest speakers
10	<ol style="list-style-type: none"> 1. 3 Streams offered: AFL, Netball, Fitness 2. 13 sessions fortnight 3. Theory sessions 4. Specialist coaching, training & fitness sessions 5. Activity analysis sessions to enhance strategies & tactics 6. Use of the College Fitness Centre 7. Darwin Community Camp
11	<ol style="list-style-type: none"> 1. 3 Streams offered: AFL, Netball, Fitness 2. Completion of VCE VET Units 1 – 4 3. 18 sessions fortnight 4. Awarded certificate III in Sport & Recreation 5. Use of College Fitness Centre 6. Specialist coaching, training & fitness sessions
Overall	<ol style="list-style-type: none"> 1. Pathway from Year 9 – 11 2. Significant time for specialist coaching and training 3. Formal monitoring process of academic progress 4. Access to high level specialist coaches 5. Fitness Centre access during school time 6. Non AFL & Netball students catered for in Fitness stream